

Panhellenic Recruitment Recommendation Letter Information

Date Sourced	Chapter	Does this organization accept recommendations?	Who can write recommendations?	Recommendation Information Link	PNM Introduction Form	PNM Intro Link
6/2/2025	Alpha Chi Omega	Yes	Alumni/Collegiate (in good standing)	https://my.alphachiomega.org/AXO/Sign_In.aspx?LoginRedirect=true&returnurl=%2fRIF	No	
6/2/2025	Alpha Delta Pi	Yes	Alumni	https://prideonline.alphadeltapi.org/login/?redirect_to=/potentialmembers/recommendations/	Yes	https://www.alphadeltapi.org/page/potentialmemberintroduction/
4/2/2025	Alpha Gamma Delta	Yes	Alumni/Collegiate	https://alphagammadelta.org/rif/	Yes	https://alphagammadelta.org/join-alpha-gamma-delta/introduce-yourself/6930-2/
4/2/2025	Alpha Omicron Pi	Yes	Anyone	https://www.alphaomicronpi.org/for-members/recommend-a-sister/	No	
6/2/2025	Alpha Xi Delta	Yes	Alumni/Collegiate (in good standing)	https://www.alphaxidelta.org/recommend-a-member	No	
6/2/2025	Chi Omega	Yes	Alumni/Collegiate (collegiate members can write)	https://www.chiomega.com/recommend-a-woman-for-recruitment	Yes	https://everyday.chiomega.com/PNM-Interest-Form
4/2/2025	Delta Delta Delta	Yes	Anyone	https://www.tridelta.org/write-a-reference/	Yes	https://www.tridelta.org/forms/referral-form/
4/2/2025	Delta Gamma	Yes	Anyone	https://members.deltagamma.org/DGMembers/Recommendation/ReferenceLogin.aspx	No	
4/2/2025	Delta Zeta	Yes	Alumni	https://www.deltazeta.org/for-alumnae/recommend-a-member/	Yes	https://www.deltazeta.org/wp-content/uploads/2016/05/Recruitment_Introduction_Form-1.doc
6/2/2025	Gamma Phi Beta	No*	Anyone	https://www.gammaphibeta.org/Membership/About-our-Membership/Introduce-a-Potential-New-Member	Yes	https://recruit.omegafi.com/Site/Public/SubmitRecommendation.aspx?SororityName=Gamma_Phi_Beta&ChapterName=Alpha
4/4/2025	Kappa Alpha Theta	No*	Anyone (non AU collegiate members can write)	https://www.kappaalphatheta.org/members/introduce-pnm	Yes	https://kappaalphatheta.formtitan.com/pnmintroduction#/
4/4/2025	Kappa Delta	Yes	Alumni/Collegiate	https://kappadelta.org/recommendation/	Yes	https://kappadeltafoundation.my.site.com/optselfrec/s/
4/4/2025	Kappa Kappa Gamma	Yes	Alumni/Collegiate (in good standing)	https://www.kappakappagamma.org/write-a-reference/	No	
4/4/2025	Phi Mu	No		https://phimu.org/	No	
4/4/2025	Pi Beta Phi	Yes	Alumni	https://www.pibetaphi.org/recruitment	No	
4/4/2025	Sigma Kappa	No**		https://www.sigmakappa.org/alumnae-experience	No	
4/4/2025	Sigma Sigma Sigma	Yes	Anyone	https://trisigma.org/collegiate-experience/	Yes	https://form.jotform.com/201944267782968
6/2/2025	Zeta Tau Alpha	Yes	Alumni	https://zetataualpha.org/alumnae-experience/refer-pnm	Yes	https://zetataualpha.org/collegiate-life/sorority-recruitment

*Gamma Phi Beta & Kappa Alpha Theta: Replaced recommendation form with PNM Introduction Form

**Sigma Kappa: Please reach out to the chapter of interest directly via the recruitment advisor or vice president of recruitment to inquire about their specific plans for accepting recommendations for PNMs participating in their primary recruitment.

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Chapter	Legacy Policy?	Policy Last Updated	Who is a Legacy?	Legacy information link	Contact Information for Headquarters
Alpha Chi Omega	Yes	2021	sister, daughter, granddaughter, or great-granddaughter (step relations and blended families included)	https://www.alphachiomega.org/Members/How-to-Join/Legacies	Phone: 317-579-5050 Email: info@alphachiomega.org
Alpha Delta Pi	No	N/A	sister, daughter, or granddaughter	https://alphadeltapi.org/page/recruitment/	Phone: 404-378-3164 Email: info@alphadeltapi.com
Alpha Gamma Delta	Yes	2025	daughter, step-daughter, sister, step-sister, granddaughter, step-granddaughter	https://alphagammadelta.org/2021/07/09/alpha-gamma-delta-legacy-policy/	Phone: 317-663-4200 Email: info@alphagammadelta.org
Alpha Omicron Pi	Yes	2025	sisters, daughters, granddaughters; step-sisters, step-daughters, or step-granddaughters; and adopted sisters, daughters, or granddaughters	https://www.alphaomicronpi.org/experience-aoii/aoii-legacies/	Phone: 615-370-0920 Email: aoiihq@alphaomicronpi.org
Alpha Xi Delta	Yes	2020	granddaughter, daughter, sister, or niece, as well as step-, half- or blended relations	https://www.alphaxidelta.org/legacy-policy-faq	Phone: 317-872-3500 Email: fhq@alphaxidelta.org
Chi Omega	Yes	2025	sister or daughter	https://chiomega.com/recommend-a-woman-for-recruitment	Phone: 901-748-8600 Email: chiomega@chiomega.com
Delta Delta Delta	Yes	2021	daughter or step-daughter, sister or step-sister	https://www.tridelta.org/the-trident/leadding-through-change-legacy-policy-in-tri-delta/	Phone: 817-633-8001 Email: info@trideltao.org
Delta Gamma	Yes	2022	great-granddaughter, granddaughter, daughter, sister, or same step-relation	https://www.deltagamma.org/our-membership/legacy-sponsor https://www.deltagamma.org/wp-content/uploads/2022/02/Membership-Selection-Process-Changes-FAQ-2.pdf	Phone: 614-481-8169 Email: dg-eo@deltagamma.org
Delta Zeta	Yes	2024	biological or adopted daughter, granddaughter, great-granddaughter, or sister	https://www.deltazeta.org/wp-content/uploads/2024/06/Legacy-Policy-2024.pdf	Phone: 513-523-7597 Email: DZLeadership@deltazeta.org
Gamma Phi Beta	Yes	2021	daughter, step-daughter, granddaughter, step-granddaughter, sister, or step-sister	https://www.gammaphibeta.org/gpb/00c99604-d88f-4a79-b262-ae70ac20fd2/Legacies-Your-Questions-Answered	Phone: 720-807-7265 Email: gammaphibeta@gammaphibeta.org
Kappa Alpha Theta	Yes	2020	daughter, granddaughter, great-granddaughter, or sister, or step-relation	https://www.kappaalphatheta.org/blog/fraternity/kappa-alpha-theta-legacy-policy-update	Phone: 800-526-1870
Kappa Delta	Yes	2022	daughter, granddaughter, or sister--half and step included	https://kappadelta.org/experience-kd/how-to-join/	Phone: 901-748-1897 Email: kappadelta@kappadelta.org
Kappa Kappa Gamma	Yes	2021	sister, stepsister, daughter, stepdaughter, granddaughter, or great-granddaughter	https://www.kappakappagamma.org/stay-connected/organization-news/a-policy-announcement-from-kappa-kappa-gamma/	Phone: 866-554-1870
Phi Mu	Yes	2021	sister, half-sister, step-sister, daughter, step-daughter, granddaughter, or great-granddaughter	https://phimu.org/collegians/recommend-a-member/	Phone: 770-632-2090 Email: info@phimu.org
Pi Beta Phi	Yes	2021	daughter, sister, or granddaughter	https://www.pibetaphi.org/pbp/e3065408-b52b-48b9-8c65-db1b9dbbf387/Legacies	Phone: 636-256-0680
Sigma Kappa	Yes	2021	relative/step-relative and sister, daughter, granddaughter, great-granddaughter, and niece	https://www.sigmakappa.org/collegiate-life/membership--responsibilities https://pubs.royle.com/article/Legacy+Policy+Update/3815813/683600/article.html	Phone: 317-872-3275 Email: info@sigmakappa.org
Sigma Sigma Sigma	Yes	2020	sister, mother, daughter, granddaughter, niece, stepdaughter, stepmother, or stepsister	https://trisigma.org/tri-sigma-eliminates-legacy-policy/	Phone: 540-459-4212 Email: sigma@trisigma.org
Zeta Tau Alpha	Yes	2021	granddaughter, daughter, or sister	https://zetataualpha.org/news/zta-eliminates-its-legacy-policy	Phone: 317-872-0540